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Linehan has authored multiple books, including three treatment manuals: Cognitive-Behavioral Treatment for Borderline Personality Disorder, DBT Skills Training Manual (2nd ed.), and Skills Training Manual for Treating Borderline Personality Disorder. She serves on a number of editorial boards and has published extensively in



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Marsha M. Linehan Featuring more than 225 user-friendly handouts and worksheets, this is an essential resource for clients learning dialectical behavior therapy (DBT) skills, and those who treat them.

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Dr. Linehan's second edition of DBT Skills Training Manual is a valuable resource and the DBT Skills Training Handouts and Worksheets enhance the training manual. The work sheets volume contains hundreds of worksheets that patients can work through if they so choose.

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Summary : Featuring more than 225 user-friendly handouts and worksheets, this is an essential resource for clients in dialectical behavior therapy (DBT) skills training groups or individual therapy. All of the handouts and worksheets discussed in Marsha M. Linehan's DBT Skills Training Manual, Second Edition, are provided, together with brief introductions to each module written expressly for ...

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